The Emory Sleep Center is composed of an interdisciplinary team of providers who diagnose and manage sleep disorders. The Emory Hospital Midtown Sleep Clinic is staffed by members of the Department of Medicine (Pulmonary/Critical Care). The patients seen in the EHM Sleep Clinic will have a broad range of sleep related problems as outlined in the International Classification of Sleep Disorders with the majority requiring some ongoing follow-up of management of their sleep disorder.

**General Objectives:**

- Acquire the skills and knowledge necessary to diagnose sleep disorders and their clinical consequences
- Develop an understanding of the therapeutic approach to any sleep disorder or complaint
- Integrate and coordinate the management of sleep disorders with referring physicians

**Specific Educational Goals:**

**Patient Care:**

- Demonstrate compassionate care of the patient
- Initiate and manage patients with a broad range of sleep disorders
- Demonstrated understanding and awareness of the psycho-social contexts of patients presenting with sleep disorders

**Medical Knowledge:**

- Learn how to conduct a detailed sleep oriented history and physical examination
- Learn how various medical, neurological, and psychiatric disorders and medications affect the electrophysiological, physiological and behavioral aspects of sleep
- Determine when and what type of investigations (polysomnography, home sleep apnea testing, actigraphy, MSLT, MWT, sleep wake diaries) are required for patients with various sleep related problems
Interpersonal and Communication Skills:

- Work effectively with clinic, laboratory and durable medical equipment staff to coordinate patient care
- Maintain comprehensive and timely medical records

Professionalism:

- Rate as valuable the duties and contribution of clinic staff including patient care technicians, nursing staff and lab staff
- Collaborate with other physicians to see patients in a timely manner working as a team
- Report to clinic on time and prepared to see patients

Practice Based Learning and Improvement:

- Gain experience in the presentation and diagnosis of a patient with sleep disorders
- Interpret and clinically apply the data summarized in these investigations

Systems Base Practice:

- Become knowledgeable in and engage the durable medical equipment coordinator and referring physicians in the various management and treatment strategies for any sleep disorder
- Demonstrate knowledge of legal responsibility of patients, physicians and competent medical authorities in certifying sleep disorders patients for commercial driving and pilot licenses

Role of the Fellow:

In each clinic rotation fellows will:

- Initially evaluate patients, perform a history and physical exam and develop a preliminary differential diagnosis and management plan
- Present the patient to the attending who will confirm or modify the initial clinical evaluation
- Type or dictate summaries on patient in the medical record system of Emory on the day of clinic or no later than 48 hours after seeing patient
- Present clinical cases at the Interdisciplinary Case Conference
- Complete evaluation form on the performance of the attending
Role of the Attending:

The attending physician will attend the clinic and will:

- Review the clinical evaluations with the fellow and examine the patient
- Sign fellow notes and review any modification with the fellow
- Be available to review articles of interest with the fellow
- Complete an evaluation on the performance of the fellow