EMORY UNIVERSITY SCHOOL OF MEDICINE

SLEEP MEDICINE FELLOWSHIP TRAINING PROGRAM

PROGRAM GOALS AND OBJECTIVES

Dental Sleep Medicine

Introduction

Dental Sleep Medicine is an important component of multidisciplinary care for patients with sleep apnea. Dr. Sheri Katz is board certified by the American Board of Dental Sleep Medicine and is a local private practice dentist with extensive experience in providing oral appliance therapy to sleep apnea patients. She is also a longtime collaborator in patient care with the physicians of the Emory Sleep Center. Fellows will observe the process of evaluating for and providing oral appliance therapy to sleep apnea patients in order to gain an understanding of this treatment modality.

General Objectives

1. Learn the indications for oral appliance therapy of sleep apnea
2. Understand the contraindications (both dental and medical) for oral appliance use
3. Appreciate the variety of oral devices available for use in sleep apnea treatment
4. Be aware of the benefits and limitations of oral appliance therapy, and the process of ensuring adequate treatment response

Specific Educational Goals

1. Patient Care
   a. Demonstrate compassionate care of the patient
   b. Demonstrate understanding and awareness of the use of oral appliance therapy in patients with sleep apnea
2. Medical Knowledge
   a. Learn the relevant components of a dental history and physical exam when evaluating patients for oral appliance therapy
   b. Determine when and what type of investigations (polysomnography, portable testing) are required for patients using oral appliance therapy
3. Interpersonal and Communication Skills
   a. Work effectively with dental clinic dentists and staff to coordinate patient care
4. Professionalism
   a. Rate as valuable the duties and contribution of dental practitioners in the care of sleep apnea patients
   b. Collaborate with dental professionals on the care of dental and sleep clinic patients
c. Report to clinic on time and prepared to see patients

5. Practice Based Learning and Improvement
   a. Gain experience in the presentation and treatment of sleep apnea from a dental perspective

6. Systems Base Practice
   a. Become knowledgeable in oral appliance treatment strategies for sleep apnea

**Role of the Fellow:**

In each clinic rotation fellows will:

- Evaluate patients in conjunction with Dr. Katz and/or other dental professionals working with Dr. Katz
- Review sleep study (polysomnography or home sleep apnea testing) data on oral appliance therapy patients with devices in place; these data should be reviewed with the referring physician whenever possible (especially in the case of Emory Sleep Center faculty)
- Present clinical cases at the Interdisciplinary Case Conference
- Complete evaluation form on the performance of the attending

**Role of the Attending**

The attending dentist will attend the clinic and will:

- Review the clinical evaluations with the fellow and examine the patient
- Be available to review articles of interest with the fellow
- Complete an evaluation on the performance of the fellow