Statement of Need
Cardiovascular disease remains the number one cause of death in men and women in the United States, and is a major cause of disability. The American Heart Association has stated a goal to reduce deaths from cardiovascular disease and stroke by 20% by 2020. In order to achieve this goal, physicians and clinicians must gain the knowledge, skills, and resources to integrate the latest research and clinical guidelines in the context of their own practice.

As ESCAPE attendees, we will hear nationally recognized speakers discuss four prevention focused areas relative to cardiology for practicing physicians and clinicians: Controversies in Prevention, Hot topics in Prevention, Practical Prevention and Prevention Pasquon. There will be lectures on women and heart disease, interventional cardiology, peripheral vascular disease, and congestive heart failure.

This conference will close the knowledge gap between national guideline goals, practice, and research. Physicians and clinicians will have the opportunity to discuss the speakers and other attendees. These principles can be applied to patient care in the context of their own practice in order to decrease cardiovascular disease risk.

Core Competencies
Patient Care and Medical Knowledge

Objectives
- Understand the role of aspirin in primary prevention of CAD
- Describe optimal treatments of LDL cholesterol
- Describe the cardiovascular risk of metabolic syndrome
- Gain a better understanding of the use of cardiovascular biomarkers
- Discuss the controversies of sodium and cardiovascular disease
- Understand the role of testosterone and CAD
- Discuss methods on how to screen for AAA
- Understand the cardiovascular benefits of new dietary supplements
- Understand how to treat menopausal symptoms for women at risk for CVD
- Describe the new ACC/AHA guidelines for pre-op cardiac risk assessment
- Discuss treatment of CVD for elderly patients
- Gain a better understanding of treatment of stable ischemic heart disease
- Learn ways to manage cardiac catheterization
- Understand CV risk for patients with NASH
- Discuss new stroke prevention guidelines for women

Who Should Attend
Cardiologists, Internists, Family Practice, Emergency Medicine, Primary Care, Physician Assistants, Nurse Practitioners, Pharmacists and Nurses would benefit from this conference.

Sponsorship and Accreditation
This program is sponsored by the Emory University School of Medicine. The Emory University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Tuition
The tuition ($715 Physicians) & ($595 Other Healthcare Professionals) includes refreshment breaks, electronic course syllabus, and other amenities involved in a rewarding learning experience. Minimum and maximum enrollments have been established.

Cancellation prior to May 3, 2015 will be refunded less a $75 administrative fee. There is no refund after May 3, 2015.

Continuing Education Credits
The Emory University School of Medicine designates this live activity for a maximum of 19.75 AMA-PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Applications for AOA Category 1 credits and ACPE credit have been submitted. Please check the website for final determination.

ESCAPE is now on Facebook. Join us for updates at:
http://www.facebook.com/EmoryCardiology

Events and Attire
Attire for the symposium is business casual and comfortable. Since meeting room temperatures and personal comfort levels vary, please bring a sweater or jacket to the educational sessions. Attire for the Social on Friday June 5 is casual.

Wednesday, June 3 from 4:30 - 6:30 pm - Pre Meeting Workshops

Thursday, June 4 from 5:30 - 7:00 pm - Attendee-Spouse Session

Sponsors are invited to participate in this session. Children's Program: If you have children 3 years and above, we will provide supervised activities and snacks in an adjacent room.

Friday, June 5 from 6-6:45 pm - Social and Cooking

This is an evening cocktail and social that will take place under the stars and your spouse, children, and guests may attend (the conference covers up to 4 people plus children ages 3 years and under). Additional fees apply for extra guests – see the registration form for details). Children will be entertained with games and a clown. Please reserve your attendance on the registration form.

Conference Location and Lodging
The conference will be held at Omni Amelia Island Plantation, 39 Beach Lagoon, Amelia Island Florida 32034. Room reservations may be made by calling 1-800-THE-OPHIN. Emory University School of Medicine has secured a block of oceanfront rooms at the Omni Amelia Island Plantation for the group rate of $172 (plus applicable taxes) per night, single or double occupancy. These rates will be honored three days prior to and three days following the meeting, based on guest room availability. See all ESCAPE special rates below.

The resort also has a $12 (plus applicable taxes) per room/night fee per night. This fee includes: Complimentary self-parking, Unlimited internet access in all accommodations, On-property resort transportation service, Unlimited use of Health & Fitness Center, In-room coffee service, local & toll free phone access, resort beach access, Preferred Racquet Club and Golf course reservation access.

To receive the discounted rate, please indicate that you are attending the EMORY ESCAPE conference when making your reservation.

Reservations should be made as soon as possible, but no later than May 4, 2015. It is highly recommended you make your reservations as soon as possible, so this rate is available through May 4 or until the block is sold out, whichever comes first. After this date, reservations will be made on space available basis.

For more information about the Omni Amelia Island Plantation, you may call (904) 261-4614 or visit the Omni Amelia Island Plantation website at www.omnihotels.com/ameliaisland.

OMNI Amelia Plantation
Amelia Island, Florida

INFORMATION

Emory Heart Center
Emory University School of Medicine
Department of Cardiology presents
EMORY SYMPOSIUM ON CORONARY ATHEROSCLEROSIS PREVENTION & EDUCATION
JUNE 3-7, 2015

OMNI Amelia Plantation
Amelia Island, Florida

DURING YOUR STAY THERE’S STILL A WORLD OF THINGS TO DO AND EXPERIENCE...CITING THE LOCALS...

Located north of Jacksonville near Fernandina Beach, the AAA Four Diamond OMNI Amelia Island Plantation offers family-friendly activities and a world of things to enjoy! From the breathtaking view of the Atlantic, the emerald salt marshes that sigh in the breeze, to the centuries-old Live Oaks in the maritime forest, the Omni Amelia Island Plantation sets the stage for the perfect paradise.

Stroll along 3.5 miles of uncrowded beach while enjoying the beautiful sunsets over the Atlantic. Dine on succulent seafood overlooking the scenic marina. Test your skills on three Audubon International Certified Sanctuary golf courses; and tennis players can enjoy our 22 Har-Tru tennis courts and bocce to visit our Nature Center for an abundance of activities and kids programs.

Ground Transportation
Round trip transportation is available between the Jacksonville International Airport and Omni Amelia Island Plantation ($79 per mile). For transportation reservations, please call the Omni Amelia Island Plantation at (904) 277-0170. The rate is $60.00/per person one way. Advance reservations required.

Tuition
The conference will be held at Omni Amelia Island Plantation, 39 Beach Lagoon, Amelia Island Florida 32034. Room reservations may be made by calling 1-800-THE-OPHIN. Emory University School of Medicine has secured a block of oceanfront rooms at the Omni Amelia Island Plantation for the group rate of $172 (plus applicable taxes) per night, single or double occupancy. These rates will be honored three days prior to and three days following the meeting, based on guest room availability. See all ESCAPE special rates below.

The resort also has a $12 (plus applicable taxes) per room/night fee per night. This fee includes: Complimentary self-parking, Unlimited internet access in all accommodations, On-property resort transportation service, Unlimited use of Health & Fitness Center, In-room coffee service, local & toll free phone access, resort beach access, Preferred Racquet Club and Golf course reservation access.
FRIDAY, JUNE 5, 2015 (CONTINUED)

9:30
WHAT IS APPROPRIATE AAA SCREENING?

Bryan Wells, MD

10:00
ATHEROSCLEROSIS IMAGING AS AN INTEGRATOR OF OFFICE-BASED PREVENTION: APPLYING THE PREVENTION GUIDELINES: CASE/DISCUSSION

Roger Blumenthal, MD

10:40
TREATMENT OF CHF: A NEW PARADIGM?

Rob Cole, MD

11:10
PATIENT MANAGEMENT SESSION: CASE STUDIES WITH THE FACULTY

Paralleled by Byron Williams, MD

12:00-12:45
OPTIONAL LUNCH ROUNDTABLE DISCUSSION: DIETARY SUPPLEMENTS AND THE HEART

Rob Wilson, MD, FACC, MD

6:00 pm
FAMILY SOCIAL & COOKOUT


SATURDAY, JUNE 6, 2015

FOCUS: PRACTICAL PREVENTION

Moderator: Danny Eapen, MD

7:00 am
SUNRISE, BREAKFAST AND EXHIBITS

APPROACHES TO STATIN INTOLERANCE

Basil Mangili, MD

7:30 am
BIOMARKERS UTILIZATION IN RESEARCH, PRACTICE, OR BOTH?

Archad Qureshi, MD

7:50 am
MANAGEMENT OF STABLE ISCHEMIC HEART DISEASE

Byron Williams, MD

8:20 am
BREAK AND EXHIBITS

8:50 am
COMPREHENSIVE VASCULAR PREVENTION IN THE DIABETIC

Peter Wilson, MD

9:40 am
USE OF ITR IN THE PREVENTION OF APPROPRIATEPCI

Halio Serruy, MD

10:00 am
BREAK AND EXHIBITS

10:30 am
NON-PHARMACOLOGIC APPROACHES TO CHF

Rob Cole, MD

11:00 am
RECOGNIZING RADIATION’S IMPACT ON THE HEART

Suzanne Parshar, MD

11:30 am
FRATILITY: PRESENCE, PREVENTION, AND PROGNOSIS

Doug Morris, MD

12:00-12:45
OPTIONAL LUNCH ROUNDTABLE DISCUSSION: RENAL AND ARTERIAL PREVENTION GUIDELINES

Danny Eapen, MD, Giga Lundberg, MD

3:00 pm
ATTENDEE/SPONSOR RECEPTION

HEART HEALTHY SUSHI

Laurence Sperling, MD

5:30 pm
ADJOURNMENT

FRIDAY, JUNE 5, 2015

FOCUS: HOT TOPICS IN CV PREVENTION

Moderator: Byron Williams, MD

6:30 am
SIGN-IN, BREAKFAST AND EXHIBITS

EGGS PEARLS WITH THE PROFESSORS

Doug Morris, MD

8:30 am
TESTOSTERONE AND THE HEART

Peter Wilson, MD

8:00 am
NIVIDATING HTN & MENOPAUSAL SYMPTOMS IN THE WOMAN AT CV RISK

Suzanne Parshar, MD

8:30 am
E-CIGARETTES: RISK AND REGULATION?

Rob Wilson, MD

9:00 am
BREAK AND EXHIBITS

FACULTY

CO-U RSE DIRECTORS

Emory University School of Medicine

LAURENCE S. SPERLING, MD, FACC, FACC, FAHA
Professor of Medicine – Cardiology
Director, Center for Heart Disease Prevention
Georgia Institute of Technology

JEFFERSON B. SAFA, MD, FACC
Assistant Professor of Medicine – Cardiology

DANNY EAPEN, MD
Assistant Professor of Medicine – Cardiology

Gina Lundberg, MD
Assistant Professor of Medicine – Cardiology

BASIL MAROLIS, MD
Clinical Director, Emory Heart Failure Center

SUSIMA PARASHAR, MD
Assistant Professor of Medicine – Cardiology

FOCUS: CONTROVERSIES IN PREVENTION

Moderator: Laurence Sperling, MD

7:00 am
ASPIRIN FOR PRIMARY PREVENTION?

Jefferson Baer, MD

8:00 am
CHOLESTEROL GOALS & TARGETS: SHOULD WE IMPROVE IT?

Laurence Sperling, MD

8:30 am
METABOLIC SYNDROME: WORTHWHILE CONSTRUCT?

Laurence Sperling, MD

9:30 am
WHAT IS RESIDENTIAL RISK AND WHAT CAN WE DO ABOUT IT?

Bill Siney, MD

9:50 am
PREDICTION OF CV RISK: FALLING SHORT OR NEW PARADIGMS?

Roger Blumenthal, MD

10:20 am
BREAK AND EXHIBITS

10:40 am
SODIUM AND CVR: TIME TO TAKE THE SALT?

Dan Sones, MD

11:10 am
CONTROVERSIES RELATED TO DIRECT-TO-CONSUMER CV SCREENING

Gina Lundberg, MD

11:45 am
ADJOURNMENT

9:00 am
SIGN-IN, BREAKFAST AND EXHIBITS

APPROACHES TO BLOOD PRESSURE CONTROL

Basil Mangili, MD

9:30 am
STRESS IN CARDIOVASCULAR DISEASE: WHAT TO TELL THE PATIENT

Michael Mathur, MD

10:00 am
CONTROVERSIES IN PHARMACOLOGY AND THE HEART

Lawrence Sperling, MD

10:30 am
CONTROVERSIES IN HYPERTENSION

Aravind Reddy, MD

11:00 am
CONTROVERSIES IN THE SYSTEMIC APPROACH TO CV DISEASE

Elizabeth Thaler, MD

11:30 am
CONTROVERSIES IN Atherosclerotic Plaque Imaging

Lawrence Sperling, MD

12:00-12:45
OPTIONAL LUNCH ROUNDTABLE DISCUSSION: NO PHARMACOLOGIC APPROACHES TO CHF

Robert Cole, MD

SUNDAY, JUNE 7, 2015

FOCUS: PREVENTION POTPOURRI

Moderator: Jefferson Baer, MD, MPH

7:00 am
SIGN-IN, BREAKFAST AND EXHIBITS

7:30 am
PRESCRIPTIONS OR DREAM?: DIRECT INFLAMMATORY APPROACHES TO ATHEROSCLEROSIS

Archad Qureshi, MD

8:00 am
NIVIDATING HTN & MENOPAUSAL SYMPTOMS IN THE WOMAN AT CV RISK

Suzanne Parshar, MD

8:30 am
E-CIGARETTES: RISK AND REGULATION?

Rob Wilson, MD

9:00 am
BREAK AND EXHIBITS