The 9th Annual Women and Heart Disease
Evolving Concepts and New Therapies
Saturday, August 15, 2015
7 a.m. – 1:15 p.m.
Atlanta Evergreen Marriott Conference Resort
4021 Lakeview Drive
Stone Mountain, GA
emoryhealthcare.org/heart-disease-women
Emory Saint Joseph’s Hospital invites you to attend a CME/CE activity providing the latest evidence-based information on the new stroke prevention guidelines, management of congestive heart failure in women, risk of cardiovascular disease (CVD) in African American women and disparities in care, and the benefits of cardiac rehab and exercise for CVD. Educational sessions include the following speakers and learning objectives:

Please note: Conference registration includes your admission to Stone Mountain Park. Simply tell the park gate attendant you are attending the “Women and Heart Disease Conference” and you will be allowed free admission for that day. We suggest you bring a sweater/jacket to ensure your comfort. Due to the local venue, a reservation block has not been established. Individual rooms may be secured by calling the Evergreen Marriott at 770-879-9900. Free self-parking is available on-site.

**Facility Information - Women and Heart Disease**

**Alexis Cutchins, MD**  
Assistant Professor, Cardiology  
Emory University School of Medicine  
Atlanta, GA

**David W. Markham, MD, MSc**  
Medical Director, Heart Failure Program, Emory Saint Joseph’s Hospital  
Associate Professor, Cardiology  
Emory University School of Medicine  
Atlanta, GA

**M. Carolina Gongora, MD**  
Assistant Professor, Cardiology  
Emory University School of Medicine  
Atlanta, GA

**Susmita Parashar, MD, MPH, MS, FAHA, FACC**  
Associate Professor, Cardiology  
Emory University School of Medicine  
Atlanta, GA

**Randall J. Thomas, MD, MS**  
Chair, AHA Exercise & Cardiac Rehab Committee  
Professor of Medicine  
Mayo Clinic College of Medicine  
Medical Director, Cardiac Rehabilitation Clinic  
Rochester, Minnesota

**Ijeoma Isiadinso, MD, MPH, FACC**  
Assistant Professor, Cardiology  
Emory University School of Medicine  
Atlanta, GA

**Gina P. Lundberg, MD, FACC**  
Clinical Director, Emory Women’s Heart Center  
Assistant Professor, Cardiology  
Emory University School of Medicine  
Atlanta, GA

You are welcome to enjoy the park after the meeting, so bring your bike, hiking shoes, etc., and come prepared to spend the afternoon! Join us for some heart healthy exercise after the event. The conference planners are offering a “Walk with the Doc.” Two options will be available 1) Beginner/Intermediate-45 minute hike and 2) Advanced hike to the summit – time varies per individual speed. Surcharges for special activities (i.e., golf, Summit Skyride, etc.) in the park are NOT included.

### Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7 a.m.</td>
<td>Registration and Breakfast</td>
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<tr>
<td>7:30 a.m.</td>
<td>Welcome</td>
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<tr>
<td>7:35 a.m.</td>
<td>Heart Failure in Women</td>
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<td>8:35 a.m.</td>
<td>New Stroke Guidelines</td>
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#### Early Registration Fees:  
Physicians/Scientists - $100  
Resident, PA, RN, Fellow - $65  
Tuition - $495  
TOTAL AMOUNT: $

Mail check made payable to Emory Saint Joseph’s Hospital  
Register online at:  
www.regonline.com/womenandheartdiseaseconference2015  
(please note a $3.55/reg fee and a 4.95 % surcharge will be added to online registrations)

#### Registration

- Pay by check or cash at the door (limited number of on-site registrations can be accepted)
- Please MAIL your registration to:
  - Emory Saint Joseph’s Hospital  
  - 5665 Peachtree Dunwoody Road, NE  
  - Atlanta, GA 30342
- Please CALL 678-843-5105

**PAYMENT INFORMATION**

- Please MAIL your registration to:
  - Emory Saint Joseph’s Hospital  
  - 5665 Peachtree Dunwoody Road, NE  
  - Atlanta, GA 30342
- Please CALL 678-843-5105

**Please MAIL your registration to:**

- Department of Medical Education  
- 5665 Peachtree Dunwoody Road, NE  
- Atlanta, GA 30342
- Please CALL 678-843-5105

**EMAIL:**

- deborah.w.gordon@emoryhealthcare.org

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**Learning Objectives**

- Examine the latest in congestive heart failure in women with special focus on peripartum cardiomyopathy.
- Summarize the new stroke prevention guidelines for women.
- Review the risk of cardiovascular disease (CVD) in African American women and disparities in care.
- Review benefits of cardiac rehab for patients with known CVD.
- Identify the benefits of exercise for CVD risk reduction.

**CME Accreditation:**

This activity is planned and implemented in accordance with the Essentials and Standards of the Medical Association of Georgia through the sponsorship of Saint Joseph’s Hospital of Atlanta. Saint Joseph’s is accredited by the Medical Association of Georgia to sponsor continuing medical education for physicians.

Emory Saint Joseph’s Hospital designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**CE Accreditation**

Emory Healthcare is an approved provider of continuing nursing education by the South Carolina Nurses Association, an approved byer of the American Nurses Credentialing Center Commission on Accreditation.

Nurses must attend entire event and complete evaluation in order to receive contact hours.

**Disclosure:**

It is the interest of Emory Saint Joseph’s Hospital to assure that the CME are not influenced by commercial interests. Any potential conflict will be identified and resolved prior to the event, and any significant relationship a speaker may have with any corporate organization will be made known prior to the presentation.